

English

TOKYO 2020



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## Olympic Games



The modern Olympic Games or Olympics are leading international sporting events featuring summer and winter sports competitions in which thousands of athletes from around the world participate in a variety of competitions. The Olympic Games are considered the world's foremost sports competition with more than 200 nations participating. The Olympic Games are normally held every four years, alternating between the Summer and Winter Olympics every two years in the four-year period.

### Origin:

Their creation was inspired by the ancient Olympic Games, held in Olympia, Greece from the 8th century BC to the 4th century AD. Baron Pierre de Coubertin founded the International Olympic Committee (IOC) in 1894, leading to the first modern Games in Athens in 1896. The IOC is the governing body of the Olympic Movement, with the Olympic Charter defining its structure and authority.

### Evolution:

The evolution of the Olympic Movement during the 20th and 21st centuries has resulted in several changes to the Olympic Games. Some of these adjustments include the creation of the Winter Olympic Games for snow and ice sports, the Paralympic Games for athletes with disabilities, the Youth Olympic Games for athletes aged 14 to 18, the five Continental games (Pan American, African, Asian, European, and Pacific), and the World Games for sports that are not contested in the Olympic Games. The IOC also endorses the Deaflympics and the Special Olympics.

## Types:

### 1. Summer Olympics:



The Summer Olympic Games, also known as the Games of the Olympiad, are a major international multi-sport event normally held once every four years. The Games were first held in 1896 in Athens, Greece, and were most recently held in 2021 in Tokyo, Japan. The Summer Olympics have been hosted on five continents by a total of nineteen countries. The Games have been held four times in the United States (1904, 1932, 1984, and 1996), three times in Great Britain (1908, 1948, and 2012), twice each in Greece (1896 and 2004), France (1900 and 1924), Germany (1936 and 1972), Australia (1956 and 2000), and Japan (1964 and 2020). The 2024 Summer Olympics will be held in Paris, France for a third time, exactly one hundred years after the city's last Summer Olympics in 1924. The IOC has also selected Los Angeles, California to host its third Summer Games in 2028, and Brisbane, Queensland, to host Australia's third Olympics in 2032.

### 2. Winter Olympics:



The Winter Olympic Games is a major international multi-sport event held once every four years for sports practiced on snow and ice. The first Winter Olympic Games, the 1924 Winter Olympics, were held in Chamonix, France. The modern Olympic Games were inspired by the ancient Olympic





Games, which were held in Olympia, Greece, from the 8th century BC to the 4th century AD. The Winter Olympic Games have been hosted on three continents by twelve countries. They have been held four times in the United States (1932, 1960, 1980, and 2002), three times in France (1924, 1968, and 1992) and twice each in Austria (1964 and 1976), Canada (1988 and 2010), Japan (1972 and 1998), Italy (1956 and 2006), Norway (1952 and 1994) and Switzerland (1928 and 1948).

### Paralympics:



In 1948, Sir Ludwig Guttman, determined to promote the rehabilitation of soldiers after World War II, organised a multi-sport event between several hospitals to coincide with the 1948 London Olympics. Originally known as the Stoke Mandeville Games, Guttman's event became an annual sports festival. Over the next 12 years, Guttman and others continued their efforts to use sports as an avenue to healing. In 1960, Guttman brought 400 athletes to Rome to compete in the "Parallel Olympics", which ran in parallel with the Summer Olympics and came to be known as the first Paralympics. Since then, the Paralympics have been held in every Olympic year and, starting with the 1988 Summer Games in Seoul, the host city for the Olympics has also played host to the Paralympics.

### Youth Games:



In 2010, the Olympic Games were complemented by the Youth Games, which give athletes between the ages of 14 and 18 the chance to compete. The

Youth Olympic Games were conceived by IOC president Jacques Rogge in 2001 and approved during the 119th Congress of the IOC. The first Summer Youth Games were held in Singapore from 14 to 26 August 2010, while the inaugural Winter Games were hosted in Innsbruck, Austria, two years later. These Games will be shorter than the senior Games; the summer version will last twelve days, while the winter version will last nine days.

### International Olympic Committee



INTERNATIONAL  
OLYMPIC  
COMMITTEE



The International Olympic Committee is a non-governmental sports organisation based in Lausanne, Switzerland. It is constituted in the form of an association under the Swiss Civil Code (articles 60–79). Founded by Pierre de Coubertin and Demetrios Vikelas in 1894, it is the authority responsible for organising the modern Summer and Winter Olympic Games. The IOC is the governing body of the National Olympic Committees (NOCs) and of the worldwide "Olympic Movement", the IOC's term for all entities and individuals involved in the Olympic Games. As of 2020, there are 206 NOCs officially recognised by the IOC. The current president of the IOC is Thomas Bach of Germany, who succeeded Jacques Rogge of Belgium in September 2013.

**Formation:** 23 June 1894

**Type:** Sports federation

**Headquarters:** Lausanne, Switzerland

**Membership:** 105 active members, 45 honorary members

**Official language:** French (reference language) & English

**Honorary President:** Jacques Rogge

**President:** Thomas Bach

**Director General:** Christophe De Kepper

### Honours:

In addition to the Olympic medals for competitors, the IOC awards a number of other honours.



1. Pierre de Coubertin medal: Awarded to athletes who demonstrate a special spirit of sportsmanship in Olympic events
2. Olympic Cup: Awarded to institutions or associations with a record of merit and integrity in actively developing the Olympic Movement
3. Olympic Order: Awarded to individuals for exceptionally distinguished contributions to the Olympic Movement; superseded the Olympic Certificate
4. Olympic Laurel: Awarded to individuals for promoting education, culture, development, and peace through sport
5. Olympic town status: Given to some towns that have been particularly important for the Olympic Movement

### Symbol & Motto:



The Olympic Movement uses symbols to represent the ideals embodied in the Olympic Charter. The Olympic symbol, better known as the Olympic rings, consists of five intertwined rings and represents the unity of the five inhabited continents (Africa, The Americas (is considered one continent), Asia, Europe, and Oceania). The coloured version of the rings—blue, yellow, black, green, and red—over a white field forms the Olympic flag. These colours were chosen because every nation had at least one of them on its national flag. The flag was adopted in 1914 but flown for the first time only at the 1920 Summer Olympics in Antwerp, Belgium. It has since been hoisted during each celebration of the Games.

The Olympic motto, Citius, Altius, Fortius, a Latin expression meaning "Faster, Higher, Stronger" was proposed by Pierre de Coubertin in 1894 and has been official since 1924.

## India at 2020 Olympics

### Mirabai Chanu - Silver Medal - women's 49kg



Weightlifter Mirabai Chanu opened India's medal account at the Tokyo 2020 Olympics with a silver in the women's 49kg - her first medal at the Olympics. It was India's second weightlifting Olympic medal, after Karnam Malleswari's bronze at Sydney 2000.

### Medal record in Women's weightlifting

1. Olympic Games (2020 Tokyo): Silver medal - 49 kg
2. World Championships (2017 Anaheim): Gold medal - 48 kg
3. Asian Championships (2020 Tashkent): Bronze medal - 49 kg
4. Commonwealth Games
  - 2014 Glasgow: Silver medal - 48 kg
  - 2018 Gold Coast: Gold medal - 48 kg

### Lovlina Borgohain - Bronze medal - women's welterweight (64-69kg)



On her Games debut, Lovlina Borgohain won a bronze medal at Tokyo 2020 after losing in the semi-finals to top seed Busenaz Surmeneli of Turkey in the women's 69kg. Lovlina Borgohain had beaten Chinese Taipei's Nien-Chin Chen in the quarter-finals to assure herself of a medal.

#### Medal record in Women's amateur boxing

1. Olympic Games(2020 Tokyo): Bronze medal
2. World Championships
  - 2018 New Delhi: Bronze medal
  - 2019 Ulan-Ude: Bronze medal
3. Asian Championships
  - 2017 Ho Chi Minh City: Bronze medal
  - 2021 Dubai: Bronze medal

#### PV Sindhu - Bronze medal - women's singles badminton



Badminton queen PV Sindhu became the first Indian woman and only the second Indian athlete - after Sushil Kumar - to win two individual Olympic medals. PV Sindhu beat China's He Bing Jiao 21-13, 21-15 to win the bronze medal in the women's singles. It is India's third confirmed medal of Tokyo 2020 - one more than their haul at Rio 2016.

#### Medal record in Women's badminton

1. Olympic Games
  - 2016 Rio de Janeiro: Silver medal
  - 2020 Tokyo: Bronze medal
2. World Championships
  - 2019 Basel: Gold medal
  - 2017 Glasgow: Silver medal
  - 2018 Nanjing: Silver medal
  - 2013 Copenhagen: Bronze medal
  - 2014 Guangzhou: Bronze medal
3. Uber Cup
  - 2014 New Delhi: Bronze medal
  - 2016 Kunshan: Bronze medal

4. Asian Games
  - 2018 Jakarta-Palembang: Silver medal
  - 2014 Incheon: Bronze medal
5. Commonwealth Games
  - 2018 Gold Coast: Gold medal – Mixed team
  - 2018 Gold Coast: Silver medal – Women's singles
  - 2014 Glasgow: Bronze medal
6. Asian Championships
  - 2014 Gimcheon: Bronze medal
7. South Asian Games
  - 2016 Guwahati-Shillong: Gold medal – Women's team
  - 2016 Guwahati-Shillong: Silver medal – Women's singles
8. Commonwealth Youth Games
  - 2011 Douglas: Gold medal
9. Asian Junior Championships
  - 2012 Gimcheon: Gold medal
  - 2011 Lucknow: Bronze medal – Girls' singles
  - 2011 Lucknow: Bronze medal – Mixed team

#### Ravi Kumar Dahiya - Silver medal - men's 57kg freestyle wrestling



Another Olympic debutant and another medal for India. The 23-year-old Ravi Kumar Dahiya lost to twice world champion Zaur Uguev of ROC in the final of the men's 57kg freestyle wrestling, thus ending up with a silver medal. It was India's ninth silver medal in Olympic history and a second silver medal in wrestling after Sushil Kumar at London 2012. Ravi Kumar Dahiya had assured himself of an Olympic medal when he beat Nurislam Sanayev of Kazakhstan in the semis. He was trailing 2-9 at one stage before winning a couple of points and



then pinning Sanayev to make a stirring comeback and earn the medal.

### Medal record in Men's freestyle wrestling

1. Olympic Games(2020 Tokyo): Silver medal – 57 kg
2. World Championships(2019 Nur-Sultan): Bronze medal – 57 kg
3. Asian Championships
  - 2020 New Delhi: Gold medal – 57 kg
  - 2021 Almaty: Gold medal – 57 kg
4. World U23 Championships(2018 Bucharest): Silver medal – 57 kg
5. Junior World Championships(2015 Salvador da Bahia): Silver medal – 55 kg

### Indian hockey team - Bronze medal - men's hockey



After a 41-year wait, the Indian men's hockey team finally have an Olympic medal since the gold at the 1980 Moscow Olympics. After being 3-1 down at one point, India made a big comeback to beat Germany 5-4 and claim the bronze medal. It is their third Olympic bronze medal - after the 1968 and 1972 Games - and their 12th Olympic medal overall. It is India's fifth medal at Tokyo 2020.

### Medal record

Event	1st	2nd	3rd
Olympic Games	8	1	3
World Cup	1	1	1
World League	0	0	2
Champions Trophy	0	2	1
Asian Games	3	9	3
Asia Cup	3	5	1
Asian Champ. Trophy	3	1	0
Total	18	19	11

### Bajrang Punia - Bronze medal - men's 65kg wrestling



Wrestler Bajrang Punia became the third Indian debutant to win a medal at Tokyo 2020. Two-time Asian champion Bajrang Punia beat Kazakhstan's Daulet Niyazbekov, a World Championships silver-medalist, in the men's 65kg freestyle wrestling playoff to claim the bronze medal. It is India's sixth medal of the Tokyo Olympics - equaling their best-ever haul at a single edition of the Olympics.

### Medal record in Men's Freestyle Wrestling

1. Olympic Games(2020 Tokyo): Bronze medal – 65 kg
2. World Championships
  - 2018 Budapest: Silver medal – 65 kg
  - 2013 Budapest: Bronze medal – 60 kg
  - 2019 Nur-Sultan: Bronze medal – 65 kg
3. Asian Games
  - 2018 Jakarta: Gold medal – 65 kg
  - 2014 Incheon: Silver medal – 61 kg
4. Commonwealth Games
  - 2018 Gold Coast: Gold medal – 65 kg
  - 2014 Glasgow: Silver medal – 61 kg
5. Asian Championships
  - 2017 New Delhi: Gold medal – 65 kg
  - 2019 Xi'an: Gold medal – 65 kg
  - 2021 Almaty: Silver medal – 65 kg
  - 2020 New Delhi: Silver medal – 65 kg
  - 2014 Astana: Silver medal – 61 kg
  - 2013 New Delhi: Bronze medal – 60 kg
  - 2018 Bishkek: Bronze medal – 65 kg
6. World U23 Championships(2017 Bydgoszcz): Silver medal – 65kg
7. Commonwealth Championship
  - 2017 Brakpan: Gold medal – 65 kg
  - 2016 Singapore: Gold medal – 65 kg
8. Asian Indoor and Martial Arts Games(2017 Ashgabat): Gold medal – 70 kg



## Neeraj Chopra - Gold medal - men's javelin throw



Neeraj Chopra became India's second individual Olympic champion - after Abhinav Bindra - with his men's javelin throw gold at Tokyo 2020. It was India's first track-and-field medal at any Olympic Games. The medal was India's seventh at Tokyo 2020 - making it their best-ever haul at a single edition of the Olympics. Neeraj Chopra threw 87.58m to clinch the gold medal.

### Medal record in Men's Javelin throw

1. Olympic Games(2020 Tokyo): Gold medal
2. Asian Games(2018 Jakarta): Gold medal
3. Commonwealth Games(2018 Gold Coast): Gold medal
4. Asian Championships(2017 Bhubaneshwar): Gold medal
5. South Asian Games(2016 Guwahati/Shillong): Gold medal
6. World Junior Championships(2016 Bydgoszcz): Gold medal
7. Asian Junior Championships(2016 Ho Chi Minh City): Silver medal

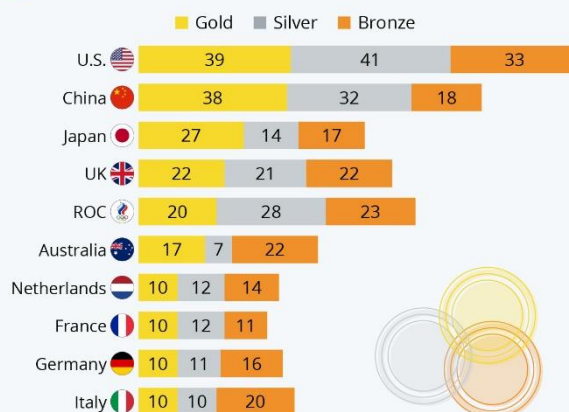
### 2020 Summer Olympics medal table

Rank	Team	Gold	Silver	Bronze	Total
1	United States	39	41	33	113
2	China	38	32	18	88
3	Japan	27	14	17	58
4	Great Britain	22	21	22	65
5	Russia	20	28	23	71
6	Australia	17	7	22	46
7	Netherlands	10	12	14	36
8	France	10	12	11	33
9	Germany	10	11	16	37
10	Italy	10	10	20	40

## Top 10 Countries in the Medal Tally

### The Biggest Gold Medal Hauls at the Tokyo Olympics

Medals won in the Tokyo Olympics by the top 10 most successful countries\*



\* sorted by gold medal wins  
Source: Olympics.com

### LIST OF WORLD RECORDS THAT HAVE BEEN BROKEN AT THE TOKYO OLYMPICS:

1. Lasha Talakhadze, Men's Weightlifting - Georgia (488 kg)
2. Women's 4×100m Freestyle Relay - Australia (3:29.69)
3. Women's Track Cycling Team Pursuit - Germany (4:04.242)
4. Men's 4×100m Medley Relay - USA (3:26.78m)
5. Aleksandra Miroslaw, Women's Speed Climbing - Poland (0.12 seconds)
6. Karsten Warholm, Men's 400m Hurdles - Norway (45.94 seconds)
7. Jakob Ingebrigtsen, Men's Olympic 1500m - Norway (3min 28.32sec)
8. Faith Kipyegon, Women's 1500m - Kenya (3min 53.11sec)
9. Men's Track Cycling Team Pursuit - Italy (3:42.032)
10. Women's Team Sprint - China (31.804 seconds)
11. Women's 4x200m Freestyle Relay - China (7:40.33 minutes)
12. Shi Zhiyong, Men's 73kg Weightlifting - China
13. Sydney McLaughlin, Women's 400m Hurdles - USA (51.46 seconds)
14. Tatjana Schoenmaker, Women's 200-meter breaststroke - South Africa (2:18.95m)
15. Caeleb Dressel, Men's 100m Butterfly - USA (49.45 seconds)
16. Yulimar Rojas, Women's Triple Jump - Venezuela (15.67 meters)





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EXP: 4 YEARS



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EXP: 2 YEARS



**DIXIT SIR**  
EXP: 7 YEARS



**KRUNAL SIR**  
EXP: 3 YEARS



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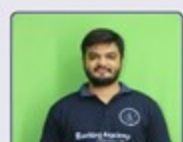
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EXP: 4 YEARS



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EXP: 2 YEARS



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EXP: 5 YEARS



**RAVI SIR**  
EXP: 3 YEARS



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EXP: 6 YEARS



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EXP: 5 YEARS



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EXP: 7 YEARS

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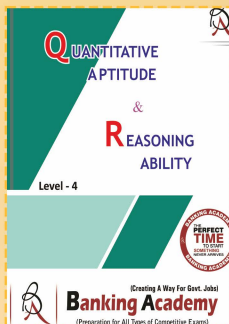
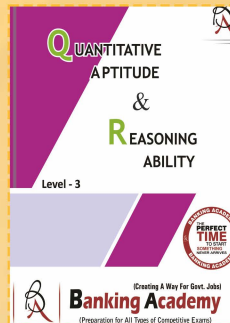


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