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PARALYMPIC GAMES HANDOUT



Featuring:

- ☐ History of Paralympics
- ☐ 2020 Tokyo Paralympics
- ☐ Symbol & Motto Significance
- ☐ India at Tokyo Paralympics 2020
- ☐ Top Scorers in Tokyo Paralympics

PARALYMPIC GAMES



On 29 July 1948, the day of the Opening Ceremony of the London 1948 Olympic Games, Dr. Guttman organised the first competition for wheelchair athletes which he named the Stoke Mandeville Games, a milestone in Paralympic history. They involved 16 injured servicemen and women who took part in archery. The Stoke Mandeville Games later became the Paralympic Games which first took place in Rome, Italy, in 1960 featuring 400 athletes from 23 countries. Since then they have taken place every four years. In 1976 the first Winter Games in Paralympics history were held in Sweden, and as with the Summer Games, have taken place every four years, and include a Paralympics Opening Ceremony and Paralympics Closing Ceremony. Since the Summer Games of Seoul, Korea in 1988 and the Winter Games in Albertville, France in 1992 the Games have also taken part in the same cities and venues as the Olympics due to an agreement between the IPC and IOC.

Games, and the third time the Paralympics were ever held so far in Japan since the 1998 Winter Paralympics. Tokyo was the first city to host the Paralympics more than once.

Note: The Paralympics replaced sailing and 7-a-side football with badminton and taekwondo.

Top 10 Countries in Medal Tally

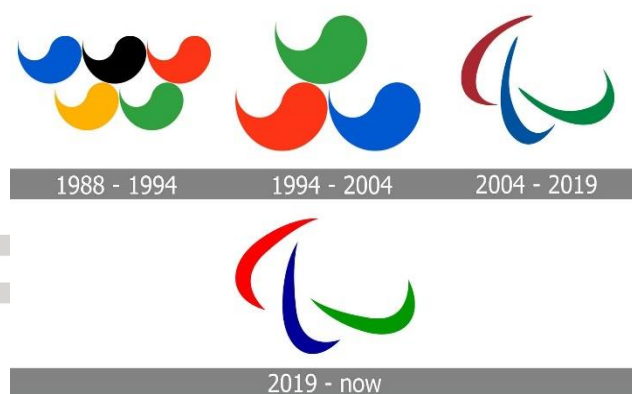
Rank	Country	Gold	Silver	Bronze	Total
1	China	97	60	51	207
2	Great Britain	41	38	45	124
3	United States	37	36	31	104
4	Russia	36	33	49	118
5	Netherlands	25	17	17	59
6	Ukraine	24	47	27	98
7	Brazil	22	20	30	72
8	Australia	21	29	30	80
9	Italy	14	29	26	69
10	Azerbaijan	14	1	4	19
24	India	5	8	6	19

2020 Summer Paralympics



The 2020 Summer Paralympics, branded as Tokyo 2020 Paralympic Games, were a major international multi-sport parasports event governed by the International Paralympic Committee. It was the 16th Summer Paralympic Games and was held in Tokyo, Japan between 24 August and 5 September 2021. The event was formerly planned to take place on 25 August to 6 September 2020, but postponed to 2021 along with the 2020 Summer Olympics in March 2020 due to the COVID-19 pandemic. This was the second Summer Paralympics hosted by Tokyo since the 1964

Logo



The emblems of the 2020 Olympics and Paralympics were unveiled on 25 April 2016. The Paralympic emblem features a hand fan in a circle form, filled with an indigo-colored checkerboard pattern. The design is meant to "express a refined elegance and sophistication that exemplifies Japan". The designs replaced a previous emblem which had been scrapped due to allegations that it plagiarized the logo of the Théâtre de Liège in Belgium.

Mascot



Miraitowa(Olympics) and Someity(Paralympics)

The shortlist of mascots for the Tokyo Games was unveiled on 7 December 2017 and the winning entry was announced on 28 February 2018. Candidate pair A, created by Ryo Taniguchi, received the most votes (109,041) and was declared the winner. Someity is a figure with pink chequered patterns inspired by the Games' official logo, as well as cherry blossom flowers. It has a calm but powerful ability, it is nature-loving, and it speaks to the wind. Both Miraitowa and Someity were named by the Organising Committee on 22 July 2018.

India at Tokyo 2021 Paralympics

Going into the Tokyo 2020 Paralympic Games, India had won 12 medals (4 golds) in the history of the Paralympics. A fortnight in Japan later, that tally is now at 31 medals (9 gold, 12 silver, 10 bronze).

Meet the 17 Indian superstars who won 19 medals (5 gold, 8 silver, 6 bronze) en-route smashing records and creating history in the Tokyo Paralympics 2021.

1. Avani Lekhara, 19 | Shooting



She was 10 when a serious car accident injured her spinal cord and made her dependent on a wheelchair. She took up shooting after reading Abhinav Bindra's autobiography.

She did it

Created a Paralympic record and equalled the world record en-route winning gold in the SH1 10m air rifle. Three days later, she suited up and won bronze in the SH1 50m 3p rifle.

2. Sumit Antil, 23 | Athletics (Javelin)



He was a budding wrestler when his left leg had to be amputated after a road accident. Which is when he turned to javelin.

He did it

Sumit broke his own world record three times in the space of six throws as he cantered to gold in the F64 javelin. It was one of the great track and field displays in Paralympics Games history.

3. Manish Narwal, 19 | Shooting



A congenital impairment in his right hand meant Manish couldn't pursue his dream of being a footballer [He's a big Leo Messi fan]. He picked up shooting 4 years ago.

He did it

Manish broke the Paralympic record en-route winning gold in the mixed SH1 50m pistol.

4. Pramod Bhagat, 33 | Badminton

Affected by polio at five years old, he developed a defect in his left leg. He took up badminton in his teens, and is now a four-time world champion.

**He did it**

Pramod won gold in the men's singles SL3 badminton. He won all his four matches through the tournament, dropping just one game (against compatriot Manoj Sarkar).

5. Krishna Nagar, 22 | Badminton

Diagnosed with dwarfism when he was just two years old, Nagar took up badminton as a hobby in 2017.

He did it

Krishna won gold in the men's singles SL6 badminton.

6. Bhavinaben Patel, 34 | Table Tennis

She contracted polio when she was just one, making her dependent on a wheelchair. When pursuing an industrial training course she picked up table tennis for fun.

She did it

Bhavinaben won silver in the women's singles class 4. Her only two losses at these Games came against the world no. 1, Zhang Miao. She defeated the world no. 9, 8, 3 and 2 on her way to the final.

7. Nishad Kumar, 21 | Athletics (High jump)

Fourteen years ago, Nishad lost his right hand in a fodder cutting machine. Two years after that he would take to athletics, but only started competing in the para category in 2017.

He did it

Nishad equalled his own Asian record en-route winning silver in the men's T46/47 high jump. Ahead of him, the gold medalist Roderick Townsend beat (his own) world record.

8. Devendra Jhajharia, 40 | Athletics (Javelin throw)

When he was 8, he touched a live electric cable when climbing a tree, forcing the amputation of his left hand. He has since gone on to become one of the greatest athletes India has ever produced -- having won two Paralympic golds prior to Tokyo (2004, 2016).

He did it

He won his third Paralympic medal, a silver in the F46 javelin throw, breaking his previous world record. Dinesh Herath of Sri Lanka, though, beat that mark to win gold.

9. Yogesh Kathuniya, 24 | Athletics (Discus throw)

Yogesh suffered a paralytic attack (due to GB Syndrome) at 8 years old which left him with impaired limb coordination. Took up athletics after joining college thanks to encouragement from friends.



**He did it**

Yogesh won silver in the F56 discus throw. Gold medalist Claudiney Batista dos Santos of Brazil set a new Paralympic record.

10. Mariyappan Thangavelu, 26 | Athletics (High jump)

Mariyappan's right leg had to be amputated below the knee at the age of five after it was run over by a drunk bus driver. He had won gold in the T63 high jump in the 2016 Paralympic Games.

He did it

Mariyappan won silver in the T63 high jump. Gold was won by three-time reigning champion Sam Grewe.

11. Praveen Kumar, 18 | Athletics (High jump)

Praveen has a congenital impairment which affects the bones that connect his hip to his left leg.

He did it

Praveen won silver in the men's T64 high jump. Gold was won by Rio silver-medalist Jonathan Broom-Edwards of Great Britain.

12. Singhraj Adana, 39 | Shooting

Singhraj suffers from a limb impairment after being afflicted by polio at a young age. At one stage of his sporting career, he had found it difficult to make ends meet -- his wife had to sell her jewellery to support his dream.

He did it

He won silver in the SH1 mixed 50m pistol, behind compatriot Manish Narwal. Earlier, he had also won a bronze in the P1 10m air pistol.

13. Suhas Yathiraj, 38 | Badminton

He suffers from an impairment to one of his ankles, and is a serving IAS officer -- he, in fact, took up badminton seriously at the civil services academy. He's currently the District Magistrate of Noida.

He did it

Suhas won silver in the men's singles SL4 badminton. Gold went to two-time defending world champion Lucas Mazur of France.

14. Sundar Singh Gurjar, 25 | Athletics (Javelin throw)

Gurjar used to compete in the general category before



he lost his left palm in 2015, when a metal sheet was dropped on him at his friend's house. He's now a two-time para world champion.

He did it

Sundar won bronze in the men's F46 javelin.

15. Sharad Kumar, 29 | Athletics (High jump)



At the age of two, Sharad suffered paralysis of his left leg after reportedly being given fake polio medication at a local eradication drive. He started high jump in school.

He did it

Sharad won bronze in the men's T63 high jump, behind compatriot Mariyappan Thangavelu.

16. Harvinder Singh, 31 | Archery

He had lost the ability to move his legs properly when he was a year and half old, due to the adverse effects of an injection during a bout of dengue. He took up archery while pursuing a doctorate in economics.



He did it

Harvinder won bronze in the individual recurve open, becoming the first ever Indian archer to medal at the Paralympics.

17. Manoj Sarkar, 31 | Badminton



Sarkar contracted Polio when he was one, and this affected his right leg. He took up the sport at an early age and was spurred on by a desire to beat his elder brother. He has since won three World Championships.

He did it

Manoj won bronze in the men's singles SL3 badminton.

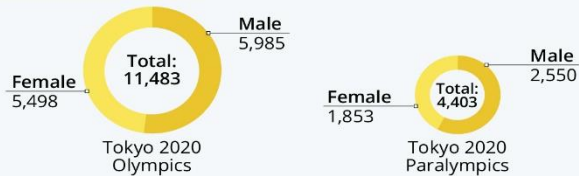


Infographics

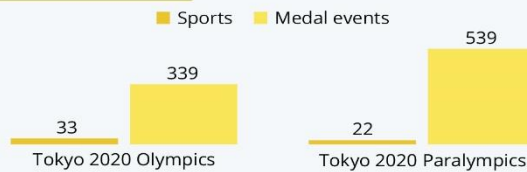
Where the Paralympics Beat the Olympics

Facts and figures on the Tokyo 2020 Olympics and Paralympics as well as World Athletics and Para Athletics records*

Number of participants



Number of competitions



World record time in men's 400m race

World Athletics	43.03s
World Para Athletics**	43.46s

World record time in men's 800m race

World Athletics	1m 40.91s
World Para Athletics**	1m 29.54s

World record time in women's marathon

World Athletics	2h 14m 4s
World Para Athletics**	1h 35m 42s

* as of Aug 24, 2021

** wheelchair racers of T53/54 category

Sources: Olympics.com, International Paralympic Committee, World Athletics

टोक्यो पैरालंपिक्स में भारत का अब तक का सर्वश्रेष्ठ प्रदर्शन

इस वर्ष भारत ने जीता सबसे ज्यादा मेडल; 48 सालों में जीते गए कुल मेडलों से भी ज्यादा



5 THINGS YOU MUST KNOW ABOUT THE TOKYO2020 PARALYMPIC GAMES

DATES: August 24-September 5
EVENTS: 539, across 22 sports
VENUES: 21



Tokyo will make history as the **first city to stage the Paralympic Games for the second time**. It hosted the Games first in 1964.

The Tokyo2020 Paralympic Games mascot is called **Someity**, after the popular cherry blossom variety called 'someiyoshino'. Additionally, it echoes the English phrase 'so mighty'.

Badminton and taekwondo will make their Paralympic debuts at Tokyo 2020.

A **Refugee Paralympic Team** consisting of up to six athletes will compete at Tokyo 2020. It will be led by the **US Paralympian Ileana Rodriguez**, a former refugee. She competed in swimming in London in 2012.

The Tokyo 2020 Paralympic Games torch is designed to depict the shape of **Japan** and the five flames generated from the petals unite at the centre of the torch, creating an even greater brilliance.

5 INTERESTING FACTS ABOUT THE PARALYMPIC GAMES

ORIGIN: International Wheelchair Games, London, 1948. Limited to persons wounded in armed conflict.

FIRST TO BE HELD WITH THE OLYMPICS: Rome, 1960. Opened up to all people with disabilities.

The Paralympic Games were founded by **Sir Ludwig Guttman**, a Jewish doctor who had fled Nazi Germany to England, where he opened a spinal injuries centre at the **Stoke Mandeville Hospital, Buckinghamshire**.

Boccia and goalball are the only two sports in the Paralympic Games programme that do not have an Olympic counterpart.

The Rio 2016 Paralympics smashed TV-viewing records with a **cumulative audience of 4.1 billion**. With more broadcasters than ever before covering the action, Tokyo 2020 is expected to surpass

Hungarian Pal Szekeeres became the first and only athlete to win Olympic and Paralympic medals after he took the wheelchair fencing gold at Barcelona 1992. He had won the bronze at the Seoul 1988 Olympics as a professional fencer before being grievously injured in a bus accident

All top four finishers in the **Rio 2016 Paralympic 1,500m T13 final**, which was won by Algeria's Abdellatif Baka (3:48.29), were faster than the top four in the equivalent event at the Rio 2016 Olympics.



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